

SPEECH PATHOLOGY

Speech pathologists diagnose, treat and provide management services to people with communication disorders, including speech, language, voice, fluency and literacy difficulties. They also diagnose, treat and manage physical problems related to eating, drinking and swallowing.

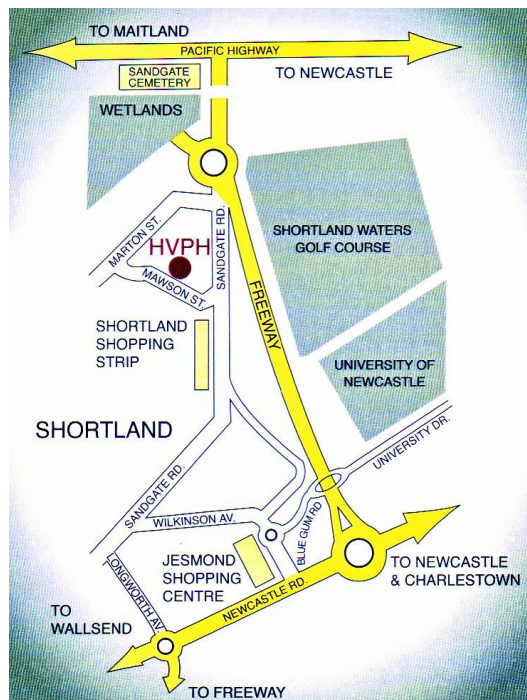
People who have had a stroke, brain injury or who suffer from other neurological conditions such as Parkinson's Disease and Motor Neurone Disease are often treated by a speech pathologist.

SOCIAL WORK

Social Workers can assist with adjustment to life cycle events, and include:

- Transitional life issues
- Grief and loss
- Depression and anxiety
- Social isolation
- Trauma – sickness, accident or domestic violence
- Sustainable future living arrangements

HOW TO FIND US



Referrals

You can contact us directly

or

your general practitioner or another health care provider can refer you to our services.

HVPH Allied Health
20 Mawson St Shortland 2307
Phone (02) 4944 3777
Fax (02) 4944 3788
www.hvph.com.au

OUTPATIENT SERVICES

Allied Health



HVPH
HUNTER VALLEY PRIVATE HOSPITAL
where caring comes naturally

ALLIED HEALTH

Hunter Valley Private Hospital offers the following outpatient services to members of the community:

- Occupational Therapy
- Physiotherapy
- Aquatic Therapy
- Speech Pathology
- Social Work

Patients can attend for one therapy or in combination via a day rehabilitation program.

These are some of the conditions we can help treat:

Orthopaedic

Fractures
Amputations
Elective surgery
Hip replacement
Knee replacement
arthritis

Post Surgery

Cardiac
Abdominal

Decreased mobility from any illness

Neurological

Stroke
Parkinson's Disease
Multiple Sclerosis (MS)
Guillain Barre
Spinal cord impairment

Trauma

Motor vehicle accident
Work place accident
Traumatic brain injury

Musculo-skeletal

Chronic pain
Soft tissue injury
Work injuries

We have a team of highly skilled therapists who will give you the best possible care in a comfortable environment using the latest equipment and technology.

OCCUPATIONAL THERAPY

Occupational therapists are trained to assist people to overcome various limitations in order to live more independent lives. Their goal is to maximize your skills for living which will enhance personal productivity, well-being and quality of life.

The occupational therapist will work to assist you regain your independence with activities of daily living and offer strategies, adaptive aids and upper limb strengthening programs.



AQUATIC THERAPY

Aquatic therapy is a form of physiotherapy performed in a heated pool and uses the properties of water to assist in your treatment. Our pool is heated to 35°C.

Aquatic therapy can be used for relaxation, pain relief, strengthening muscles, improving balance and for joint mobilisation.

Sessions available:

- Independent
- One on one
- Supervised
- Groups

PHYSIOTHERAPY

Physiotherapists are trained to assess the underlying causes of joint, muscle, and nerve injuries and provide effective treatment so you can resume your normal lifestyle as soon as possible.

Physiotherapists use a wide range of techniques to relieve pain, restore function and movement, and prevent further problems including:

- Joint mobilisation
- Therapeutic exercise and stretches
- Electrophysical agents such as hot packs, ice and ultrasound
- Movement re-training
- Soft tissue massage
- Breathing exercise techniques

Physiotherapy also plays a central role in the management and prevention of chronic conditions such as asthma, arthritis and cardiovascular disease.

